

The Date Podcast

Episode #18 – Red or Lobster with CoffeeBreakwithDani

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Emma and Zorric invite Dani, from @CoffeeBreakwithDani! They take turns sharing what men and women should wear on 1st dates. Are white stitch jeans even attractive? Dani shares her background, how she started her business, and dating experiences.

Transcript:

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Zorric: Hey! This is Zorric.

Emma: And Emma.

Zorric: Hosts of The Date Podcast. We're so excited to do another show for you today, and we have a special guest. Her name is Dani from "Coffee Break with Dani."

Dani: That's me. Hey, guys!

Zorric: But first, we'd like to ask your help. We are a brand-new podcast.

Emma: Available on iTunes and Google Play. If you like we hear, please subscribe to the podcast and leave a review. Hopefully, it's a raving review. Also, tell your friends about the podcast. We appreciate all feedback and support.

Zorric: If you have any questions, comments, or show topics you like for us to discuss, you can drop us a note at hello@datepodcast.com or on "@datepodcast" on Instagram and Twitter. So, now, for the fun stuff.

Emma: Okay. You know how much I love my celebrity gossip.

Zorric: I know.

Emma: I love it, and "Love Actually" is one of my favorite movies.

Dani: That's my favorite ever.

Emma: Okay. Perfect. It doesn't have to be Christmas--

Dani: --to be perfect.

Emma: I know! It doesn't have to be Christmas to watch it, right?

Dani: No, no.

Emma: So, Hugh Grant is actually married for the first time, and I was not aware that he had never been married. He is 57, and this is the first time he's married.

Zorric: Wow! Life goals.

Emma: Yeah.

Dani: It's like Clooney. Someone got him to settle down.

Emma: Right. Yeah.

Zorric: Who is this person?

Dani: I want her magical potion.

Emma: She is Swedish. Her name is Anna Eberstein, and she's 39. Apparently, they have two kids together. A two-year-old daughter and a five-year old son, and then a third child who apparently arrived this spring.

Dani: Wow! We don't know this?

Emma: Pardon.

Dani: I never got the invite.

Emma: I know, right? Apparently, it was a very kind of secret wedding and the only reason people found out is because, in England or London, it's displayed in the register office for 28 days. So, it's public knowledge. So, that's how people found out about it, and then of course, like they started showing pictures. But he also has two other kids from one of another ex-girlfriend who are five and six. Just doing the math, he was like 51, right? When he had his first child, maybe 50?

Zorric: Wow.

Dani: There's hope for us. There's hope for us.

Emma: Yeah, for sure. But it's easier for men to have children than it is for women.

Dani: That's true.

Zorric: Yeah. It takes us like five minutes and you guys takes nine months.

Dani: You guys can't see, but I'm giving Zorric a dirty look.

Emma: He's used to it by now.

Zorric: I get lots of those.

Emma: So, yeah! I think it's cool that he is married and he found the one for him.

Zorric: Yeah. Fifty-seven, that's--I guess when his kids are older, he's going to be a lot older.

Emma: Yeah.

Zorric: But you can't help that, right? I mean, life--you know, when you have plans, kind of craps on you.

Dani: Oh, yeah.

Zorric: Maybe he wanted to get married earlier and maybe it just didn't happen.

Emma: No, he didn't.

Zorric: Oh, no? The boy didn't stop.

Emma: He didn't want to get married, and so it's like surprising that he decided to get married. I mean, he dated Elizabeth Hurley. He didn't want to settle with her. He didn't want to marry her. So, yeah. You know, maybe this, well, his current wife just had the magic touch. I don't know.

Dani: Yeah.

Zorric: Magic touch? Maybe he knows or she knows every one of his love languages, and just kind of--every day, the bucket is full.

Dani: She tapped into it.

Zorric: The bucket is full every day. I'm not talking sexual though. I mean anything!

Emma: I'm not! I'm just rolling my eyes.

Dani: Can someone fill my bucket?

Emma: Did you ever watch “The Real Housewives” of, oh my gosh, Orange County?

Zorric: No.

Emma: Vicki Gunvalson goes like, “I need my love tank full! My love tank is empty, I need it full!” that’s from the love languages, too.

Zorric: Oh, I gotcha. Okay. So, today, we have Dani, again. She’s from “Coffee Break with Dani.” is that correct?

Dani: That’s correct.

Zorric: And you are a beauty and a lifestyle vlogger or blogger, or what is it called?

Dani: It’s called an “influencer.”

Zorric: Oh, excuse me.

Emma: Don’t look at me.

Zorric: Okay. So, what we’re going to talk about today, Dani and Emma, is--this is hard for me, too. But what should I wear on the first date? Like, what is it--

Emma: Clothes, for sure.

Zorric: That's usually my first thing to think of what clothes to wear, but--okay. For me, when I go on a first date, I think men should wear clothes that are fitted, first of all.

Emma: Agreed.

Zorric: Right? No?

Dani: I don't know.

Zorric: You don't know?

Emma: By fitted, do you mean more tailored?

Zorric: Yeah. So, tailored. I think when I was recently, it was just two years ago, but when I broke up with my ex, or she broke up with me, I don't know what happened.

Dani: We don't need to talk about it.

Zorric: Yeah.

Emma: When you got rid of her.

Zorric: When I got rid of her--

Emma: I can say that because I know her.

Dani: Oh, snap!

Zorric: When you get into a relationship, you just I didn't shop for anything new, any new clothes. So, I wore the same Old Navy jeans for like a year.

Emma: You get stuck in a rut.

Zorric: Yeah. Well, first of all, before I go into like what men should wear, I think men should wear, I think you should throw your crap out because it's time to start fresh.

Dani: Oh, I like that.

Emma: Well, yes. I agree. However, I think you need to bring reinforcements because I--sometimes there's like sentimental value, or where you think you're going to be able to use this. And so, it's nice to have a fresh pair of eyes kind of rummaging through your closet with you saying, "No. This is not coming back. You need to actually throw this away."

Zorric: Yeah. She knows me because I always was going to say, "Hire a stylist."

Emma: Yeah.

Zorric: That's exactly what I did. And she like threw all my crap away, and I was like crying. I was, "Oh! I love this shirt! I love--I love--"

Dani: You were having quarter moments?

Zorric: It was so hard for me because I wear the same stuff every week for I think--

Dani: But it's also identity.

Zorric: Yeah, yeah.

Dani: That's important, because you get in a relationship and you lose your identity. So, if something is special to you, or you it makes you feel like "you," I think it's important to hold on to.

Zorric: Yeah, definitely. I see that point, too.

Dani: Right?

Zorric: Yeah. I'm the type also that wants to start fresh. So, it's like--

Dani: I do like that and it's for me liberating and powerful!

Zorric: Oh, yeah. Definitely.

Dani: I want to throw it out.

Zorric: So, yeah. This is my recommendation. Hire a stylist. Understand your body style.

Emma: Yes.

Zorric: Here are the things I think that men should wear on the first date: a gray, black, or blue type outfit.

Dani: Okay.

Zorric: Yeah. Because--

Emma: Masculine. Neutrals.

Zorric: Masculine, that's number one.

Emma: Neutrals. Masculine neutrals. Okay.

Zorric: Yes. Neutral colors. Also, I always wear blue blazer that's tailored every time.

Emma: I'm pretty sure that on your Instagram.

Zorric: Yes, and because there is a statistic that says, if you wear blue, you're most likely to get a second date. Did you know that?

Emma: Ah! I kind of have a date after this. Just saying. I feel good about it.

Zorric: So, a blue blazer--

Emma: Is this for both men and women?

Zorric: This is for me.

Emma: Okay.

Zorric: As a man, okay. I'm talking about my date.

Emma: Okay. I wasn't sure if the color blue is for both men and women.

Dani: You forgot, Emma.

Zorric: I have--

Emma: Oh, it doesn't?

Zorric: I have something for women, too.

Emma: Okay.

Dani: Okay.

Zorric: So, blue blazer, a button-up shirt, because you can either--you can also wear a V-neck and wear the blazer over it. So, it's kind of like--

Dani: What if she gets cold? She could wear your blazer.

Zorric: Oh, yeah. That's a move.

Emma: Oh, look at that. That's a move

Zorric: Super move.

Emma: Definitely a super move.

Zorric: Especially if she's like an act of service-type person.

Emma: Uh-huh!

Zorric: Bam!

Emma: Gotcha!

Dani: Just don't ask though.

Emma: Hey. When I'm on a date, it's a date. I am not in a therapy session. I am not in a therapy session.

Dani: Screw your love life pitches, okay?

Emma: We can talk about that like on the fifth date, not on the first date.

Dani: What's your deductible?

Zorric: So, okay. Along with a button-up shirt and a nice or fitted V-neck shirt, wear no-show socks. Because that's the thing.

Emma: Okay.

Zorric: What's up with Emma? It's a thing right now.

Dani: Okay.

Zorric: No show socks.

Emma: Okay. I'm listening.

Dani: That was a snort by the way.

Emma: I just want to clarify.

Dani: She's like, "Let me see your feet right now."

Emma: So, Peds. Like little Peds? So, you're wearing slacks or jeans, and dress-up shoes.

Zorric: Correct.

Emma: And you're wearing no-show socks?

Dani: I love Emma's face.

Zorric: I am.

Emma: Okay.

Zorric: Yeah. I mean, it's the style. You can't fight it, Emma.

Emma: Okay.

Zorric: You just kind of like accept it.

Dani: Are your pants like those tailored slim fit at the bottom, where you could kind of fold them a little bit if you wanted to?

Zorric: Yeah.

Dani: And they're kind of a little preppy.

Zorric: Uh-huh.

Dani: Okay. Then maybe, yes.

Emma: Okay. Then, yes. Okay.

Dani: But then, if you like cross your legs that like Flemmings, and you know, you don't have socks with your slacks, it's a little--

Zorric: You think so? Okay. I mean--

Emma: I'm going to question that. If you're going for that preppy look, yes.

Dani: With the little cuff, yes.

Emma: Yes. I totally see it that way.

Dani: Tapered at the bottom.

Emma: If you're just wearing like nice slacks, and you don't have socks, it looks weird. Okay, never mind.

Zorric: You know, no one has stopped me.

Emma: You know what. Continue.

Zorric: Maybe--am glad we're talking about this. Maybe this is an intervention instead.

Emma: Bumble's going to be updated to. I'm all the things about no-show socks. That I shouldn't do anymore.

Dani: To all the no show socks.

Emma: All the things you need to stop doing. Okay.

Zorric: Yeah, okay.

Emma: I'm going to start taking notes of everything.

Zorric: Okay, please. Please do.

Emma: That a good front.

Zorric: Perfect front. So, you know one thing that I ask women is: what's the first thing you notice on men? And the number one thing I get is clean--or shoes, actually, and clean shoes. Because if he doesn't take care of his shoes that means he doesn't take care of himself. What do you think of that theory?

Emma: I look at teeth.

Zorric: Oh.

Dani: Yeah. I think before, I mean, I'm divorced now. But before I got married, when I was in my 20s, it was shoes. It was definitely shoes. It's like, "Oh! What kind of shoes is he wearing?" Now, for me, it's how they smell.

Zorric: Oh, okay. Okay.

Emma: Yeah. That's a close second, but I also like, I'm short. So, I'm constantly looking up, so I'm just conditioned to look up. I'm not conditioned to look down.

Zorric: Gotcha.

Dani: Oh, that's right. So, you're like shoes, whatever.

Emma: Yeah.

Zorric: Yeah. So, shoes. Clean shoes, guys. And then also, wear a watch. I think not even a smart watch.

Dani: Oh, yes.

Emma: No. Not a smart watch.

Zorric: Because a--

Emma: A big boy watch is so sexy.

Dani: Yes.

Zorric: Classy, also, and conscientiousness is a personality trait that's associated with people who wear watches.

Emma: Yeah.

Zorric: So, yeah. Totally, more people are on time with watches, it only makes sense.

Emma: I don't have mine today, but I always feel naked whenever I forget to wear it, or I leave it at home. Like, I'm at work, "Where's my watch?"

Zorric: Yeah, yeah. So, my last thing is what Dani said a while ago, cologne. So, you always should wear cologne on the first date, because--

Dani: On all dates. All of them.

Zorric: Yeah.

Emma: They say your memories are triggered by scent.

Dani: Yes.

Zorric: Yeah.

Emma: So, if that's the last first date you ever go on, he better smell good.

Dani: Especially, like you want to make a good impression and you can like say, "This smell reminds me of this guy, and this was a good date." Like that's a positive memory, too.

Zorric: Yeah, yeah. And there is some research about that, too, that says: how a guy smell is the most important feature in determining whether or not she'd be sexually attracted to him.

Emma: It's the pheromones.

Zorric: Yes! Yeah. So, wear a nice cologne. I'm not an expert, but you can go to, you know, whatever beauty store and they can help you pick up.

Emma: You can also go somewhere like, "You Scent Me." They like pick up on your pheromones and do stuff and bottle your scent up. So, it's just accentuated.

Zorric: Just real quick, what's a weird smell that you guys enjoy? Like a weird smell.

Emma: For me, it's like tires.

Zorric: Oh, yeah. For me, gasoline sometimes.

Dani: Bleach. I'm a clean freak.

Emma: I clean, right?

Dani: I clean to relax. I clean when I'm happy. I clean when I'm sad. I love to clean.

Zorric: Yeah.

Dani: Like when a friend of mine moved, I was like, "Can I please help you clean your house?" And he was like, "Are you crazy?" I was like, "Yeah. But can I come help clean your house?" I love the smell of bleach.

Emma: I agree.

Dani: Geez, you guys.

Zorric: Yeah, cleaning up the body. Do watch "Dexter," by any chance?

Dani: I did watch it and when it ended, I was like, "You know what? I'll never get this like two years of my life back." Because that's how long it took me to watch it on Netflix, because there was so many. I'm so disappointed, Dexter. I have more faith than you. You pussy. Sorry.

Zorric: So, Dani. What do you think you that guys should wear?

Dani: That's a tough question, because it at all depends on what you like, right? If a guy rolls up with like white stitching in his jeans, I know for a fact we're not compatible. We're just not. You know, it sounds shallow, but it has a lot to do with their personality type, too. So, I could tell you more what I don't like than I do like, but for me, if they show up like you said with a blazer or, I don't know, slacks. A cute Henley with a blazer look more like a comfortable sporty look?

Zorric: Yeah.

Dani: I really like it. If they roll up and flip flops, I will murder.

Emma: Done.

Dani: I'm done.

Emma: Unless you're on the beach, right? I think that there must be an appropriate--

Dani: There has to be a body of water. It could be a Peppa Pig puddle, but there is a body of water, right? But, no. Yeah, no. They have to look like they thought about it.

Emma: Yes.

Zorric: Because you have like seven seconds, right? That first impression.

Dani: Like that walk up.

Zorric: Yeah.

Dani: That walk up it's--I live for that walk up.

Zorric: How do you feel like--?

Dani: And then I always ask, "Do I look like my pictures?" And I make eye contact. I'm like, without hesitation, you have to say, "Yes," okay.

Emma: Say, "Yes" or "No." Don't blink. So, you don't think I do. Okay, that's fine.

Dani: Did you just breathe?

Zorric: So, as you're walking up to a guy, I mean, what's that feeling you get?

Dani: I'm excited, because like I told you guys, one more date, could be the last first date I ever go on. So, it's like this anticipation with zero expectation, obviously. This anticipation of like, "Is this going to be it? Is going to be it?" But I'm still loquacious and social that I don't care who the guy is. I'm going to have a good time. But it's so exciting because there's so much opportunity. So much hope in that moment. Like, "Huh. Is this going to be a good night or a bad night? Am I going to want to walk away from this date like I did last weekend?"

Zorric: Don't you think that's like the entrepreneur in you, too?

Dani: Oh, yeah.

Zorric: Yeah?

Dani: That risk. Like super high-adrenaline risk, "I could lose it all this moment, but it's okay!"

Zorric: Yeah, but it's like, yeah. Again, you're saying that what can happen, it can be so beautiful. Or it could be shitty.

Dani: But even if it's crappy, there's a lesson. There's always a lesson.

Emma: There's a lesson, but it's very, sometimes for me, it's learned very much later.

Dani: Like a few--

Zorric: You reflect upon it.

Emma: I reflect upon it. I get some distance from it. I've, you know, talked with my friends about it.

Dani: You mourn it.

Emma: And I'm like, "Oh! This is what happened. This is why it happened. Got it!" It's not going to be the moment for me.

Zorric: Yeah.

Dani: Oh, no. I'm very like remove it by the root.

Emma: Yeah.

Zorric: Gotcha. Anything else, Dani, that you want to see in a man as he's walking up?

Dani: Teeth are nice.

Zorric: Teeth.

Emma: Yeah. That would be, too.

Dani: Yeah. Teeth definitely.

Zorric: Like more than--full teeth?

Dani: It's nice if he has teeth.

Emma: Peckers cannot be choosers.

Dani: Teeth are nice, but I don't need perfect teeth. I think teeth give a lot of personality. If they have that like—I have a snaggletooth. The people are going to think--people that are listening might think I'm a troll. You guys

promise, I'm not a troll! Maybe a little. Maybe on a Tuesday morning, okay?

Zorric: She's not, guys.

Dani: Yeah! No, like teeth with personality. Like, "Hey! I take care of my teeth, but I'm confident enough that I don't need a bristle on it."

Zorric: Yeah.

Emma: Yeah.

Zorric: What if he's white stitching in his pants, but hey, he's got perfect teeth?

Dani: No. Na-ah. No white sunglasses, no white stitching jeans, no white watches, no white anything.

Zorric: Oh. Where did this come from?

Dani: No white shoes. Eww.

Zorric: Emma, let's find out where's this coming from.

Emma: I know, right? I feel like that there has to be a story behind that no white thing.

Dani: Well, if I tell you there's a story, it's going to make me sound like a total douche canoe.

Emma: No.

Dani: I just, no--it's a gross generalization obviously, and I'm one of those people that hates the word "always, never," you know. Those like finite.

Zorric: It's uncertain, right?

Dani: Yes. I'm like, "Well, who knows?" I'm like that in person. But I feel like, generally, when you get like the white sunglass, white watch, white--they are the guys that are like last weekend, he was like, "Well, how far south are you willing to meet me?"

Zorric: Oh.

Emma: Oh, yes.

Dani: They're that guy. The guy that doesn't get invested. The one that's half in, half out because he's like, "I do totally gnarly," like let's just, I don't know, have a beer.

Emma: These are like frat that like parties.

Dani: Yeah. Okay. Yes, absolutely.

Zorric: Yeah.

Dani: It just shows this immaturity of like wanting attention, but in a tacky way.

Emma: Uh-hmm.

Dani: "Look at my flashy sunglasses." "Yeah, they're flashy for a really bad reason."

Emma: Right. Because you're making up for something there.

Dani: So, yeah, I mean it's not a deal breaker but if I see it, I'm like, "Oh. Lady boner gone!"

Zorric: Oh, my gosh.

Emma: But what happens if the stylist tells this guy who is like really--

Dani: I don't think that guy could afford a stylist.

Emma: You might. I don't know. There might be that stylist that's like, "This is a trend that's in."

Zorric: Yeah.

Dani: Yeah. That stylist, if you're out there, can you please email us at hello@datepodcast.com because you don't have a job anymore.

Zorric: That means I don't have to psychoanalyze you, for sure.

Dani: Can you come in and be a guest?

Zorric: Alright, Emma, what do you have for men?

Emma: I am, you know, kind of with you, Zorric. I feel like tailored clothing, fitting like pants or jeans, I don't care if they're slacks or if their jeans. I think if the jeans can always--like if you dress appropriately, it looks fine, it can make it work. I also believe in hair being done if you have hair.

Zorric: Is it a deal breaker for you? Hair?

Emma: It can be.

Zorric: Yeah.

Emma: Like if you--well, I don't care if the guy is bald or balding, as long as it's like combed. Does that--you know?

Zorric: Dani, is that your take, too?

Dani: I used to be like no bald. Like I can't do bald, like shaved head bald. I need hair. I need something to hold on to you guys, okay. Let's be honest. But as I've, you know, become part, more active in this dating in Dallas, it's not very--you either have a lot of hair or no hair.

Emma: Right.

Dani: It's one or the other, and so I don't even--at this point, I don't even notice. It's more hygiene. Take care of it? Good. No? You know, whatever. It's just upkeep. Groomed.

Emma: Groomed, yeah. Fine if you're groomed. And same thing with cologne. I think that cologne is important if you're not wearing any, my nose will recognize it.

Dani: Yeah.

Emma: Kind of question it, but it's not something that I will like make a statement of in the moment. It's something that I will wonder about later.

Dani: You know what I notice?

Emma: When they're wearing like a brand-new shirt, and it still smells like department store.

Zorric: Oh, you guys can smell that?

Dani: I hate that. I hate that.

Zorric: I've done that before.

Emma: Why? I've never done that.

Dani: I'd rather you smell like cane than department store. Like its sweet because you got a new shirt, but I'm like, "Are the tags still in there?"

Emma: Or like air it out, maybe?

Zorric: Or there's like the crease still there? I'm like trying to iron it out.

Emma: You know, sometimes, you can ask the department source to steam out clothing for you.

Dani: Oh, really?

Emma: Yes.

Dani: Emma's fancy. Talk about stylists and department stores that steam.

Emma: Oh yeah.

Zorric: I know.

Emma: I worked in retail before. So, that's how I know. Because we used to steam things for people.

Dani: Do you want to be my friend?

Emma: Yes.

Dani: You taught me a lot about life in like three minutes.

Zorric: But that's like at a nicer place?

Emma: No. This was at a--

Dani: Dillard's.

Zorric: Burbank's

Emma: No. It was at Loft. It was at Loft.

Zorric: Oh, Loft. Okay.

Dani: Oh, yeah, Loft's nice, but it's not like mushy.

Emma: Yeah. We used to do a lot of things for our customers there.

Zorric: That's for women. I mean that's a women store. I don't think they would do it in Zara, or Express.

Emma: I would not be surprised, like they have to have steamers and so like they can't refuse if you ask to steam clothing.

Zorric: Okay. I want to go there in my gym shorts and like gym shirt, and just buy some clothes, and have them steam it, and then walk out.

Dani: An outfit and then walk out of it. Just don't smell like the steam.

Emma: Bring your cologne.

Dani: Walk by Sephora and spray stuff on.

Emma: Take it with you outside of the bag as you're walking to the car and flail it just a little bit.

Zorric: Alright. What's your say, Emma?

Emma: You know, that's it. I think if you're appearing groomed and just look like you're well-done.

Dani: Look like you're trimmed.

Zorric: Yeah.

Emma: Then it's good. Put in some effort.

Zorric: I think we had a guest. Her name was Anna, and she said that a guy just looked like he just rolled out of bed. He was in his sweat shirt and it doesn't show effort, for sure.

Emma: That a big no.

Dani: Yeah.

Emma: She didn't go on to another date with him, right? I don't remember her saying that.

Zorric: I don't think so. I don't remember what she said.

Emma: Okay.

Zorric: But one date, for sure, and that's just--the first impression is just like a job, right?

Emma: Right.

Dani: Yeah.

Zorric: And you want to put your best foot forward in front, like your potential wife or husband. I mean, geez!

Dani: I know.

Emma: Yeah, yeah. Act like it matters.

Zorric: Yeah. Or you could be one of those people who are just jaded, and are always going on dates, and don't give a crap, and they're just, you know, maybe they shouldn't be dating.

Emma: They shouldn't be dating.

Dani: They shouldn't be dating.

Emma: They should be focusing on something else and other people is not it.

Zorric: Gotcha.

Dani: Oh, yeah. Well, you can't--people aren't playthings. They are not toys.

Emma: No.

Dani: Don't date.

Emma: Human beings with feelings.

Zorric: So, Dani--

Dani: Look how upset we got?

Zorric: Dani, what do you think women should wear on the first date?

Dani: Ooh!

Zorric: Yeah?

Dani: I always like murder myself trying to come up with a cute outfit. For me, it depends on where we're going, you know.

Emma: Yes.

Dani: Because I used to be very limited to the type of guy that I would like to date. So, my outfit was always the same, you know. We'd go to like a steakhouse, or a really nice restaurant. I always wear like the body hugging dress, mini dress, but no cleavage, and long sleeves. So, it was sexy--

Emma: But still a little of conservative.

Dani: Like a little, little, little, Miss. Left a little mystery, right? But it really depends on where you're going and how you're feeling.

Emma: Right.

Dani: Because some days, I feel like a super, like a fox. I'm like--yeah.

Zorric: I woke up like this.

Dani: I'm wearing light jeans and a slinky top, you know. And then other days, I'm like, "Oh, my gosh. This guy's going to think I'm a troll," you know. It depends. I honestly believe that it has to be something that represents you. What you like, something that you identify with, maybe like your favorite shirt or your comfortable shoes on. Your makeup should be what you look like. Today is a horrible example, because I've been out all day. I have a first date after this, and usually, on a first date I don't even wear foundation. I'll wear concealer, lots of mascara. I do my brows. A really light pink lip, but I want to make sure that they see my face.

Emma: Yeah.

Dani: What I actually look like.

Emma: That's exactly what I like broke down to for makeup. It was like a very natural look. if you just kind of want to accentuate your features but keep it very minimal.

Dani: If you're that girl that wants to do the 40 pounds of makeup, then do it.

Emma: Then go for it.

Dani: Because that's who you are, right?

Emma: Right.

Dani: And so, for me, I'm like a skinny jeans, distressed skinny jeans girl with a really sexy top. That's just what I feel comfortable in. But it's--honestly, it

depends on where we're going. I don't know, just do what you feel comfortable in. Because if you're going to go on a second, or third, or twelfth date, eventually your punny T-shirts that say, "I hate tacos said no one ever," is going to come out." Okay, maybe you have that T-shirt already.

Zorric: So, most of your dates have been, I guess, just more fancy. Is that what you're trying to say?

Dani: Yeah, they have and not intentionally. I think it's just worked out that way.

Emma: Right.

Dani: Yeah. Sometimes, it does, yeah.

Zorric: Most of mine are fancy, too.

Dani: You do look like a guy that would pull out all the stuff.

Emma: Oh, he does. I can vouch.

Dani: You seem super like a romantic, and I just met him 30 minutes ago. Is he? Is he or no? Right? Like he's holding on to the fairy tale.

Emma: Oh, my gosh. Yes.

Zorric: I think, yeah.

Emma: Sometimes, I'm like, "Oh. Okay, this is first date. This is first date. Okay." I'm like, "That's a lot."

Zorric: Yeah. What else? Emma, you have anything?

Emma: I feel like, for me, I like hair down is kind of a big deal.

Dani: Yeah. That's true.

Emma: And I have naturally curly hair, but on dates, I will not wear it curly. I will straighten it out, uncurl it or I'll straighten it out, like just leave it with the flat iron. But hair is always down for me, and it's funny, because I think, like we've talked about this before where in my pursue of like wanting to be the best online dater out there, I've read books that tell us, that tell women, basically, your hair needs to be down.

Dani: It's just a feminine quality.

Emma: Yeah.

Dani: Makes you seem more feminine, and gentle, and beautiful.

Emma: Right. So, my hair is always down.

Dani: So, you roll up and pig tails?

Emma: Yes.

Dani: Living your best life and he rolls up in white-stitching jeans.

Emma: Whoo! It's a match made in heaven, y'all!

Zorric: With the white sunglasses.

Emma: He also have that-what's it called, the lighting in the hair?

Dani: Oh! Frosted tips!

Zorric: So hot.

Dani: I'm sorry. Do you know this man? Can you give him my phone number?

Zorric: I got you.

Emma: Yeah, and I think that accessories are also important, at least for me. Like I feel it's sort of like presenting yourself and it goes back to like the whole peacock idea.

Dani: Oh, yeah.

Emma: So, we're like presenting ourselves and that's why peacocks that beautiful feathers because they use it to court others. And so, for me, accessories again it's just part of that. For me, I want to create this image of, "Hey! This is what you're going to get. Isn't this amazing? Don't you want this?"

Dani: Yeah.

Zorric: Yeah. Don't you notice a peacock male version, right? You know what that means?

Emma: Oh, yeah. I've experienced that with you, too.

Zorric: Oh! What?

Emma: No, it wasn't you. It was you and another friend who's remains nameless, because you know who you are.

Zorric: Okay.

Dani: I'm liking this.

Emma: We were out somewhere and another guy started a kind of like macho-ing up, which caused our other friend, your best friend--

Zorric: Wait. That's like--isn't that cock blocking?

Emma: No, no.

Dani: Counter-chess. Wait, what a symbol? Yeah, what's happening?

Emma: It was sort of like, he like huffed-up and it was like, "Oh yeah! I'm a man, too."

Dani: Emma would be a horrible man. She is too cute and girly for this.

Emma: It was really funny, but I've seen it happen where it's like you feel like a male trying to be dominant, and you're like, "No. I am the dominant male. Let me show you how dominant I am."

Zorric: Oh.

Dani: Oh, wow.

Zorric: Yeah. I think there's another--

Dani: Were they wearing white-stitching jeans?

Emma: Does your friend wear white stitching jeans?

Zorric: I don't think so.

Dani: Okay. He thought about it. Cataloguing. Cataloguing our social addings.

Emma: I don't want to say his name because he's going to get --

Zorric: Yeah, yeah.

Dani: Oh. Is he single?

Zorric: No. He's not single.

Emma: But he's so good like, an air about him.

Zorric: But there's another peacock out there.

Emma: Oh, okay.

Zorric: Yeah. It has to do with wearing something that's very flashy. So, you go up to the bar, you're wearing like a real flashy necklace, or like I don't know, it could be white sunglasses. But the whole point of that is to draw attention to you so that you seem interesting.

Dani: Or appalling.

Zorric: At the same time. So, you'll piss out half the people and you might turn on the other half.

Dani: Or they say that your perfect match will like those things.

Emma: Right.

Dani: Okay. Who wears white-stitching jeans?

Zorric: What else you got, Emma? Anything else?

Emma: In heels. How do you feel about heels?

Zorric: Oh, they're so sexy.

Emma: Okay.

Zorric: Wear heels, yeah.

Emma: Except in the winter. Winter is the only time that I refuse to wear heels because I don't like the cold. I love the heat. I'm in my element right now, like when it gets to 90 to 100, I can go without A/C, y'all. That's how like amazing I am with heat.

Dani: Amazing. She's like, "I'm amazing. Period."

Emma: Yes. Winter is the only time that I'll wear boots instead of heels.

Dani: Okay. I don't know, that's a sensitive topic for me.

Emma: Oh.

Dani: I don't know if you guys notice, but I'm like six feet tall.

Emma: My best friend is really tall, too.

Dani: And it's always a pain. It's always a pain, like, "Wait. How tall are you? Can you wear flats on our first date? Do you wear heels?"

Zorric: Oh.

Dani: And I'm like, "Yeah, I do."

Emma: Well, that's not bad. That's not on you.

Dani: That's a "them" issue, not a "me" issue.

Emma: Exactly.

Dani: You know that I identify with heels. I had an ex-boyfriend before I got married. He was like one of my true loves. He was 5'6" and he was obsessed with the fact that I was tall, and I didn't care. Like I forget certain things--

Emma: Right.

Dani: --when I become your friend or your lover.

Emma: Right!

Dani: I forget that, I don't know, you pick your teeth, or you are two feet tall--

Emma: We all have flaws.

Zorric: Yeah.

Dani: You just don't see that anymore. You see their heart, and their spirit, and the things you're attracted to. So, it's just--

Emma: And height is not a flaw, by the way. I didn't mean to sound like that.

Dani: Oh, no. I was just like, talk about height. I got to drop some knowledge.

Emma: I have a friend and you've met them, a couple friend. Who the wife is a lot taller than the husband.

Zorric: Oh, yeah.

Emma: And it's not a big deal to them. I think she loves it, that she's taller than him. He loves that she's taller than him, and he loves it when she wears heels, and he just embraces it.

Dani: Yeah.

Emma: And so, you know--

Dani: It's almost that they're proud of it.

Emma: Yes! They really are. So, yeah.

Zorric: I think at the end of the day, it goes back to love languages and values, right?

Emma: Right.

Zorric: The physical, you can kind of overlook. And as you get older, it doesn't matter.

Emma: It doesn't matter. We're all going to shrink in no matter what. We are!

Dani: I'll never shrink a foot, you guys.

Emma: Talk to me when you're 60, let's see.

Dani: I'm going to shoot you at Texas, and say, "Emma! I'm 5'1" now."

Zorric: Alright. So, from a man's perspective.

Emma: Yes.

Zorric: I think women should always wear heels.

Emma: Okay.

Zorric: First date.

Dani: Oh, that's so romantic.

Emma: He's like the cliché. It's adorable.

Zorric: Wear heels and also wear something red.

Emma: My mom says that.

Zorric: Yeah, yeah.

Dani: Really? I don't know. I mean, the only red thing I own says, "tacos are my valentine."

Emma: That's perfect. I think you should wear that in all of your first dates from now on.

Zorric: Red is important, because you know our cousins, the chimpanzees. Whenever they're ready to mate the female, gets red, she turns red and--

Emma: What?

Zorric: Yeah. Then the male chimpanzee--

Emma: Like the Hulk, turns green. She turns red?

Zorric: Like the body just turns kind of red.

Emma: I have not heard of this before.

Dani: Google this, please.

Zorric: That is true. That is true.

Emma: Yeah.

Dani: Emma, get off this.

Zorric: So, it says their female's display more on their bodies when they are more fertile and are ready to mate. These are chimpanzees and baboons.

Emma: I just this very interesting.

Dani: Things just got weird.

Zorric: These red displays have been shown to increase attraction behavior in their male counterparts.

Dani: Now, do you do this because of science or you're actually attracted to red? Or you're just trying to test a theory?

Zorric: I think it's science. It's science, I think. And there's so many more studies that show that red is more attractive on females than any other color.

Dani: Culturally, for us Mexican people--hey, hey, Mexican people! it's "Good luck."

Zorric: Is it?

Dani: And I know in, like Chinese than Taiwanese culture, red is also good luck. So, maybe it's one of those things.

Zorric: Yeah.

Emma: Yeah. I don't know what it means for Salvadoran people, sorry.

Zorric: Same thing, I don't know.

Dani: Maybe, yeah. It's like Latin thing.

Emma: Maybe it could be a Latin thing. Yeah.

Zorric: Yeah. So, for me, it's just you know, red dress, nice jeans, nice top. A look put together.

Emma: How do you feel about cleavage? I forgot to mention that because I have been blessed.

Dani: Yeah, you have. Yeah, girl!

Emma: And so, that is one of my peacock things. That I like to show a little cleavage. Just an appropriate amount of cleavage on the first date.

Zorric: Yeah. I think if you get it, flaunt it. Why not?

Dani: I like that.

Zorric: But don't come out like, you know--

Emma: Tasteful Zorric. It's tasteful.

Zorric: Do you wear a bra?

Emma: Yes! Why would you even think that's okay to ask? That should be an automatic yes.

Dani: If there is like a bomb of energy right now, Emma's says is the bomb in energy.

Zorric: I'm just asking.

Dani: Remove all sharp objects from here.

Zorric: Dani?

Dani: Yes?

Zorric: Do you wear a bra on dates?

Dani: I always wear a bra. Yeah.

Zorric: I don't wear a bra on first dates.

Dani: I love wearing bras.

Dani: I was like, "Oh, he's going there." Okay. Yes, I wear a bra. Oh, man. But I'm not a cleavage person. I like to keep them hidden, you know. I was also blessed, but it's like a surprise. Like, "Surprise!" When you get there.

Zorric: Oh, yeah. It's like unwrapping a present kind of.

Emma: Taking the layers off.

Zorric: Yeah.

Emma: The wrap and the ribbon, then the wrapping paper.

Dani: The red. Taking off all the red clothes.

Zorric: Everything in red. The bra.

Emma: The bra is red. My skin turned red. I knew I'm just changing into a tomato at this moment.

Dani: "Do you love me?" That was funny.

Emma: What else for you? Okay, heels?

Zorric: Okay. A jewelry, but not too much. Just like a necklace or you don't have to put 50 rings on.

Emma: What about pearls? Do you feel pearls on the first date are appropriate?

Zorric: It reminds me of the Titanic.

Dani: Oh, what about fake lashes or fake nails?

Zorric: I can't tell, you guys.

Emma: No. That's a lie. That is a lie!

Zorric: No.

Emma: And let me tell you why.

Dani: Finger emoji. Finger emoji.

Emma: So, I had my eyelashes on before. Like I got them professionally done, and I swear, I got hit on so much when I had those fake eyelashes than I do with my natural lashes. It just does something to my eye just like makes it more appealing, and guys secretly notice and actually appreciate it.

Dani: I'll book an eyelash extension appointment.

Emma: Yeah.

Zorric: Your eye's sticking out like this, like your eyelashes--

Emma: No. It was done tastefully, Zorric.

Zorric: Where is this bar, by the way?

Emma: Huh?

Zorric: Where is this bar, by the way? This restaurant or this house party?

Emma: What are you talking about?

Zorric: Where you got a hit on.

Emma: Oh, everywhere!

Zorric: Oh!

Emma: I would just be walking to work, or I'd be walking to the store.

Dani: You know what it might have been though is you realize you look super cute, so you were exuding this like sexy confidence, and so it was more attractive.

Emma: It's not just me though. Friends who've gotten it done say the same thing.

Dani: But like you're feeling yourself, right? Like if I'm wearing an outfit where I'm like, "Dang, girl!" Every time I see the reflection, I'm like, "Oh, are you single?"

Emma: Yeah, I think that's creepy true, but I think I also like--

Dani: Guys like eyes. Guys love eyes.

Emma: Yeah. I think you guys notice it, but you're like unconsciously noticing it.

Dani: Maybe they don't even know they're noticing it but they're noticing it.

Emma: Right.

Zorric: I don't know that I'm noticing.

Emma: You know what?

Dani: Maybe if your eyelashes were red.

Emma: One day, I'm going to come in with my eyelash done. Yeah. I'm going to start using red mascara and red eyeliner.

Zorric: I think there's some logic to that, Dani, because when I would have like a new blazer on or a new shirt on, I feel kind of confident, right? Like, it's new.

Dani: Check me out.

Zorric: Taking selfies and stuff.

Emma: Yeah. I agree, but I also think guys just notice things unconsciously.

Dani: Yeah. That's true.

Emma: --that happens.

Dani: I fully support that, Emma. Team Emma. Sorry, Zorric.

Zorric: It's okay. I'm always like outnumbered.

Dani: Not noticing eyelashes, what's wrong with you?

Zorric: It looks the same.

Dani: Why do i even bother putting on mascara?

Emma: Because we do it for ourselves.

Dani: Which is true.

Emma: Because we love it. To take a selfie. To update your Bumble.

Zorric: Do you guys have that least attractive color?

Dani: Oh, no. What's that?

Zorric: The least attractive color.

Dani: Yellow.

Zorric: Yellow and brown.

Emma: Yellow is like my first choice! Really? I look so good in yellow!

Dani: I look so tan.

Emma: Yeah!

Dani: I actually look Mexican when I wear yellow.

Emma: Yeah, me too. That's why I love being blonde because I feel it just like makes everything pop.

Dani: Yeah. You just look more caramel.

Emma: Yes.

Zorric: I think of like bumblebees. I mean, I'm sure you guys dress tastefully. I mean--

Dani: Goes to her--

Emma: You remind me of a blog, Zorric.

Dani: You racist her picture. Oh, this is depressing.

Zorric: I'm a statistics guy, okay. I'm just going by the numbers, but they could-- actually, that's a really good picture.

Emma: I like that.

Zorric: Yeah.

Emma: Would you swipe, Zorric?

Zorric: Uhm, yellow?

Dani: He hesitated everybody. He hesitated. Let the record show Zorric does not like lashes or happiness.

Zorric: I love happiness, but--

Emma: You know, this surprises me because yellow is associated to happiness and opening and a lot of times--

Dani: But they also do it at fast food restaurants to get you to leave faster.

Emma: Oh.

Dani: Yeah. That's psychological.

Emma: Oh. I didn't know that.

Zorric: And with the EDM music, like the fist pump music at the store.

Dani: Just like with McDonald's in and out. They're all yellow and red because it's like assaulting and so you want to get out faster. Damn, I should take my own advice. What am I doing?

Emma: Changing the background to a light blue.

Dani: Oh, this is a problem.

Zorric: Alright, guys. So, I think that's enough. I don't know if we've confused everyone out there or is there anyone out there.

Dani: Your lobster is out there.

Emma: Yes.

Dani: Just trust life, okay.

Emma: Wear where you're comfortable in, and as long as it's not sweat pants, and a sweat shirt, or flip flops, or white accessories, or--

Dani: Remain true to who you are but look like you tried.

Zorric: Is somebody taking notes here?

Emma: Yes, I'm sure. Sorry, y'all.

Dani: This poor man is like, with his headphones at the mall, running back and forth between stores, is so confused.

Emma: Oh, no!

Zorric: Alright, Dani. What's your takeaway here? What can you tell everyone out there? Like what should you do, bottom-line?

Dani: I think in everything as in life, business, relationships, love, friendship is remaining true to who you are. Having an open mind. Never being judgmental or holding someone, you know, to never being too hard on someone. For example, they roll up in white-stitched jeans, if he treats me right and he's a gentleman and he's sweet, I'll get rid of them eventually. You know.

Emma: You're going to have to suspend that judgment first, right?

Dani: Yeah. Exactly. So, remain true to who you are. Keep an open mind but look like you try.

Emma: Yes.

Dani: But that's in everything, right?

Zorric: Yeah. All is.

Emma: Yeah.

Dani: Love, relationships, friendships, work--

Emma: Family.

Dani: How many times have you like distanced yourself from a friendship because you're always making plans? You're always inviting them.

Emma: Uh-huh.

Dani: It's the effort. So, they say.

Emma: You just have to be balanced. Yeah, for sure. I agree because that's what I'm teaching my clients to do is like being able to be okay with the give-

and-take, and sometimes you're going to give a little more, and your intake a little less. It's going to balance out, eventually.

Dani: Yeah.

Emma: For sure. What about you, Zorric? What did you get out of this? Besides being--

Dani: Notice eyelashes. Say, "Your eyes are so beautiful. I love your lashes. Eyelashes." Don't say lashes, because they will think they're fake.

Emma: Yeah.

Zorric: Maybe be more detail-oriented. So, notice things on women.

Emma: Yes.

Zorric: Maybe, you know.

Dani: Beautiful. I love when someone says, "I like your freckles," because I hide them with foundation. It's like, "Have you seen my freckles? Do you want to have my babies?"

Zorric: Oh. Guys, you now know how to get to Dani.

Dani: Yeah. Notice my freckles.

Emma: Maybe this is more of like things you need to do in order to be successful dating Dani.

Dani: This space is turning into a big advertisement for me. Guys, my credit score is 845, by the way.

Emma: You know, I mean, you have me who's an expert at certain things. I'm better at telling people what to do than actually doing it myself, and then you have Zorric, who can give you the guy's perspective.

Dani: He's super romantic.

Emma: Exactly.

Dani: And then Dani just talks about herself, I mean, this is a great triad. Can I come back next week?

Emma: You're welcome anytime.

Zorric: Okay, Dani. So, let's talk more about Dani.

Dani: Are you being fictitious?

Zorric: I'm being serious because I think we want to know a little bit more about-- just a little bit. Poquito.

Dani: Poquito. Okay.

Zorric: So, are you from here or are you from Dallas? Where are you from?

Dani: No. I'm from California.

Zorric: Oh.

Dani: I moved here seven years ago, from San Diego.

Emma: Oh.

Zorric: Are you a Texan now or are you still--?

Dani: Oh, yeah.

Zorric: Are you a 100% Texan?

Emma: Beautiful.

Dani: Yeah, a hundred percent. Except the whole queso thing. Sorry, guys. It's nacho cheese.

Zorric: Okay.

Dani: Sorry.

Emma: I don't know where you're going.

Dani: Emma looks she's going to fight me with that.

Emma: Oh, let me show you my ways. I actually just got, apparently, these amazing tortillas from San Diego.

Dani: Oh, yeah? And they were awful? Because you look like you're not impressed.

Emma: I was not.

Zorric: Oh.

Dani: You must not be Mexican.

Emma: I am not Mexican.

Dani: So, maybe you just like certain things differently. Like white-stitching jeans.

Zorric: So, influencer. So, how did you get into that? I mean, what's--

Dani: Oh, men. I don't know where.

Zorric: That's a huge industry right now.

Dani: It is.

Zorric: I know you get asked this a billion times.

Dani: Yeah. I love the story though. I do. I love the story. The closest version is I was in a bad relationship, and I wanted an outlet and makeup became taking care of myself. It wasn't even makeup, it was taking care of myself became my yoga. It became a way to express myself and so, I lost my identity when I had my first son, and it's something that women are so like taboo to talk about.

Emma: Oh, yes.

Dani: Oh, I'm a mom, I'm a mom, I'm a mom. It's like, no, you're you and then you're a mom.

Emma: And I've said this before, too, like when I did private practice, it was predominately with Hispanic women. It's sort of like, "You are an individual, then you become a wife, and the moment you become a mom, that takes the focus. And that is the first thing." Then my theory on that is it actually is the reverse. You're still you. So, you need to focus on you as individual so that you can be an effective wife if you're in a relationship or girlfriend. Then if those two things are met, then you can be an effective mother.

Dani: Yeah.

Emma: Because if you don't know who you are, what's going to happen to you when your kids graduate and leave the nest, or get married? You're going to push them to have grandkids?

- Dani: Yeah.
- Emma: So that you can have half of them again. That's not how it works. So, I work with that a lot where, "No. You're a person. Let's figure out what your hobbies and interests are."
- Dani: Yeah. One of my friends always teases me because she was like, "I know you fill your own love tank." I was like, "Well, who else is going to do it?"
- Emma: Exactly.
- Dani: You know.
- Emma: And if you can't fill your own love tank, like, why do you think someone else is going to do it?
- Dani: Yeah. And what do they say, like you can't you don't find happiness in someone else. You find happiness within yourself and someone else comes in and there's this complementary to it.
- Emma: You have to know yourself. You have to like love who you are or appreciate who you are. Like your idiosyncrasies. Appreciate your hobbies. Appreciate your little quirks before someone else can truly come in and accept those things, too.
- Dani: Yeah, yeah. And you have to be deliberately you, because if you're not, you're not going to find someone that actually falls in love with who you are.
- Emma: Yeah.
- Dani: I mean, if I'm obnoxious, if I laugh loud, I snort. that's it. You get it. That's what I mean. The way to my heart is thinking I'm smartest, adorable. Yeah. So, I was in and I was in a kind of a crappy situation, and I started working when I was 13, so I moved to Dallas and I'm expected to be this like kept wife that's just raising a family, and I was lost. So, I found YouTube, and I started to do my makeup again, and buy like a cute shirt and do this and do that. I used to be a culinary arts instructor in California. So, I was around people all the time, and it was a certification program. It gave me purpose. You know, I had I was a nutritionist, and so I was able to fill my like social necessity of being around people.
- Emma: Right.
- Dani: And being at home with a child that didn't even talk, and just poops and cries all day. I was like, "Oh! What am I doing to do with my life?"

Emma: I think it's frustrating even like because I feel like you are a true extrovert, and then, it's even really difficult for people who are true introverts to not have communication with other adults all day.

Dani: Oh, yeah. Yeah. So, one day, out of the blue, I was like, "I should do YouTube video." That was the best idea I've ever had. In six months, it was generating revenue. In two years, it was--

Emma: Nice. Very grand.

Zorric: That was really good for some businesses like don't even generate revenue in two years, three years. So, that's really good.

Dani: I got a \$17 cheque, you guys. Am so proud of that.

Emma: Nice.

Zorric: Nice.

Dani: I didn't cash it, and when I look at it, I'm like, "Aww. My baby."

Zorric: But it's progress, right?

Dani: Yeah.

Zorric: I bet it felt so good no matter how much it was. It could be a dollar. It doesn't matter.

Dani: Oh, yeah. No. No, it was super exciting.

Emma: It sounds like you figured out what was going to be most beneficial for you, and like you were doing it because. It made you feel a purpose.

Dani: I needed purpose, yeah. I hate to admit that helping someone gives me purpose, right? I just I don't know why. It feels so--

Emma: I am a therapist. Why do you think--?

Dani: Are you judging me? So, I'm like, "Man! I'm just helping." For me, it was--I can't. I grew up with a stay-at-home mom. You know, we were very poor, like foodbank poor, but I had a stay-at-home mom. She raised us until I was 15, and I said I want to do that for my kids, but I am useless right now. You know, I'm not--I'm just being a great mom, but I need something else.

Emma: Right.

Dani: You know, he's not going to appreciate this until he goes off and he gets an excellent wife that reminds him of his mother.

Emma: And then you can compare, you know. Then he can compare her to you all the time.

Dani: And be weird about it.

Emma: My mom doesn't do it like this. My mom makes sure--my mom spoon feeds me when I'm sick. What do you mean you're not going to do that when I have a headache?

Dani: Oh, that's funny. You think that's queso, that's nacho cheese.

Zorric: So, I guess the business, it made you happy.

Dani: Yeah.

Zorric: It was something that you can do that kind of like--it filled your love tank in some way, right?

Dani: Yeah, yeah. I always--I made it a point to be absolutely, a 100% transparent with what I was talking about, you know. The whole premise and theme behind my content has always been it's just makeup. It's not serious. You don't like it, wash it off. Start all over.

Emma: Right.

Dani: It's no big deal. It's fun, you know. People take life so seriously, and so it's almost theme on life.

Zorric: Yeah.

Dani: It's about makeup, but it's just make up. It's just a relationship. It's just life. You have one chance. Like what did George Strait say? We're not here for a long time?

Emma: We're not here for a long time--

Dani: I'm not here for a long time. I'm here for a good time.

Zorric: Yeah. I have watched some of your videos, and I think the reason why you're so successful is because you're genuine, and you're like heartfelt. I think that divorce one was like a really good video. Like a real good video,

but that's what makes you different, and you know, I think it's that's what makes you successful, as far as the influencer and the channel.

Dani: I try to engage people, you know? I want them to feel like I'm talking to them, because I am.

Zorric: Yeah.

Dani: I did YouTube because I lost my identity, but because I was lonely, and I wanted to talk to somebody. And I didn't know anybody in Dallas. How do you meet people when you have a one-year-old at home?

Emma: Right. It's really difficult unless you're part of the mommy blog and then they're judging you.

Dani: I'm serious. Is that like organic, all-natural, non-GMO on the weekend?

Emma: No. I took them to McDonald's because they like it and instead of the apples, I said gave them extra fries.

Dani: Extra fries and extra catsup. Thank you.

Emma: I like the fact that you also have videos in Spanish. I think that was really cool. That was my first language.

Zorric: Yeah. So why did you start the second, the Spanish channel?

Dani: It was funny because I would be in like mid-video, and then I would say like, "Ay como si e la mamá," you know. And they were like, "Whoa! Where did that come from?" Like, you know, no accent in English, no accent in Spanish. Is it coming from the same voice? Like from the same person? I was like, "Yeah. My first language is Spanish. It's what I speak to my family at home." And so, when people found out, I went and did like a Steve Dive search on my analytics and it turns out that about half of my viewership comes from Mexico.

Emma: Oh, wow.

Zorric: Oh. Are you from Mexico?

Dani: My parents are from Las Calientes. And so, in San Diego, I mean, Tijuana's right there.

Emma: Right.

Dani: It was like, “Oh, you want to go grocery shopping? Go to Tijuana. You want to go dancing? Go to Tijuana. You want to go, you know, do stuff you don't want documented? Go to Tijuana. You know, it's a big part of who I am and I don't have that here in Dallas.

Zorric: Right.

Dani: You know. So, when I have that little bit of like the feeling of home, when I can engage with my Latino viewership or subscriber-ship.

Emma: Girl, let me--you just need to hang out with me.

Dani: Oh, yeah?

Emma: I have plenty of Hispanic friends. We will all get together.

Dani: Emma's officially my best friend.

Zorric: So, I guess on to your dating. I mean how was it? How long have you been single, by the way?

Dani: Two years.

Zorric: Two years.

Emma: Okay.

Dani: Two years. I took a year off after I got divorced. I mean my marriage was over a long time ago, and so a year off, additionally, felt like ten years. But I just wanted to learn myself again.

Zorric: Exactly. That's what Emma would recommend, right?

Emma: Right.

Dani: I didn't know who I was. I was told what to wear, what makeup to do or not do, to not wear heels, and stuff like that. I remember one of the very first shopping experiences I had, I walked into a furniture store. I needed to get, I don't know what it was called--a coffee table. I walked in and I was like, “I can decide any coffee table that I want in this entire place and no one needs to have an opinion.”

Emma: That's awesome.

Dani: Wouldn't you be overwhelmed by that?

- Emma: Yeah! Right. Okay.
- Dani: I almost wanted to cry. I was like, "I could pick any coffee table and no one can say anything about it." It's a 100% my choice.
- Emma: Like my mom will judge it a little bit, but that's okay.
- Dani: And now I look at it and I'm--oh, yeah. Yeah. She's a Mexican mom. She'll judge her judgment.
- Emma: Exactly.
- Dain: So now, I look at my coffee table, I'm like, "I love you." But no dating is absolutely awful. It's atrocious. There's this theme of, "people are disposable." There's the glorification of busy. And it's an ego boost, drive-through window concept of the grass is greener. So, you'll go out on a date, it'll be absolutely magic, fairy tales, fireworks, bubblegum, and rainbows. And I'll go home, and they'll keep swiping. Because what if something's better?
- Emma: Right. It's the fear of missing out. It's the F.O.M.O.
- Zorric: F.O.M.O.
- Emma: Yeah, that's definitely something that we've talked about before, and then there's kind of like the majority of us, the very small majority that are actually on dating apps, who actually date like the meet the one, and we kind of get like lost, and everyone else be the majority of like, "I don't want to--I want to make sure this is the right person. I'm going to go on another date." Uhm, I don't know who you are anymore. But yeah, there's people like I said.
- Dani: People are disposable, for sure. It's awful. I mean, the whole concept of like ghosting or submarining. What is that? Like, I want to talk to his mother.
- Emma: Wait. What is submarining?
- Zorric: What is submarining? You should see Emma's expression.
- Emma: I know.
- Dani: Oh!
- Emma: Look at the Dani. There's twirling of the hair, y'all.

Zorric: We're supposed to be the experts.

Dani: Let me tell you. This is going to be your next topic: submarining. Submarining has the same concept as ghosting, except they come back.

Emma: Oh. Zombie-ing.

Zorric: Zombie-ing, right.

Dani: Is that what it's called?

Emma: Yes.

Dani: I read this article about it. I don't know, getting my hair done, you know priorities, guys. And I read it, I don't remember what it was, one of those magazines. And I couldn't ever pinpoint like what to call it, because they have a great day, you have a good time, and then they disappear and then they come back. They're like, "Hey! What's up?" Usually, my response is like, "I'm sorry. Who are you?"

Emma: Right.

Dani: Because they're not in my phonebook, or like my contact list.

Zorric: Right.

Dani: And they're like, "Oh, it's Robert." Hey, Robert. Do you remember me? They're like, "Hey! It's Robert," and I'm like, "Oh. Do you want something? I mean, do you need something? Because--"

Emma: Because you're like, "I've moved on." I'm done.

Dani: Oh, yeah. I'm dating my dog at this point, okay?

Zorric: Yeah.

Dani: Yeah. It's awful! I hate that. I mean, I've been on dates, let me tell you guys. I've been on dates where the guys say, "Do you want the positive feedback or the negative feedback?"

Zorric: What?

Emma: Whoa!

Dani: I was like, "Do you want to get murdered? Do you still want to be alive? Do you like living?"

Emma: Do you use dating apps?

Dani: I do.

Emma: Okay.

Zorric: What are your apps of choice?

Dani: I use Bumble and I do Match.com.

Zorric: Okay.

Dani: But most of the time, I'm hiding.

Zorric: Like hidden profile.

Dani: Yes. Super hidden, I'm like, "Oh! This is too much. I can't do it."

Emma: It can be overwhelming sometimes.

Dani: Yes.

Zorric: So, when did you first start using the dating apps? I guess a year after you got divorced?

Dani: Yeah, yeah. I got divorced. I waited a year. Cleaned out my closet. Started all over and I actually met someone, not on an app. But he didn't live here. He lives in Michigan.

Emma: Oh.

Zorric: Oh.

Dani: And so, he would--it was so romantic. You guys, let me tell you. But he fell in-love with me after like two days. I was like, "What? Slow down, buddy."

Zorric: Wait. How many days does it take? Like, what's a good gauge?

Dani: I'm such a hopeless romantic. I married my ex after six months.

Zorric: Oh, wow.

Dani: Okay. We just full on got married, and we made for eight years. But so, I don't--there's no timeline for me. But, for me, it was like, "Well, you live in Michigan. I live in Texas. Are you moving? Would you ever? Because I

can't. Legally, I can't. I have children with this man, and we're staying in Texas. Are you moving? If it's not something that could happen in the next six years, I'm open-minded, you know, then it's not. I don't care how much you love me."

Zorric: But what made you attracted or what was it--what about him that was just so magical?

Dani: He knew who he was.

Zorric: Okay.

Dani: He lived this deliberate life of, "This is who I am," but he didn't do it in a cocky way. He did it in a confident way. He was intelligent. He had, you know, pristine vocabulary. He took care of his appearance. He was perfectly groomed. He always smelled good. He opened the door.

Emma: Check. Check. Check.

Zorric: He was everything.

Dani: Always says, "I like your shoes," or "Your lip color's look beautiful. I can't wait to take it off." You know? It was--he was older.

Emma: Yeah.

Dani: He knew life already.

Zorric: How much older?

Dani: Maybe 12, 13 years?

Zorric: Okay, okay. Yeah. But that is kind of hot. Like having a long-distance relationship and coming back and forth. And I bet, when you guys hung out, it was just like so romantic on a date.

Dani: It was great! You know, he was so--it would never feel like he was all the way in Michigan, because he kept in contact. He never made me feel like an afterthought, which nowadays, like you'll be on Bumble. You'll connect with someone, and you're so--With my best friend. She lives in New York, and she's like, "Tell me about Bumble." She's been married like 15 years. "Just tell me about Bumble. Like, how does it work?" I'm like, "Okay. Ready? I'm going to totally scripted out for you, guys." This is how Bumble work: "Hey! Hey. How are you? Good. How are you? Good." And then one of you dies. That's Bumble.

Zorric: Yeah.

Dani: It never comes to fruition. There's never like, "Give me your phone number. Let's hang out. You're so gorgeous. Let me take you to dinner."

Emma: And it's so funny. So, I have a friend who's been married forever, too. I'm going to say her name, because she's going to be very excited. Brandi, what's up?

Dani: Hey, girl, hey!

Emma: I gave her my phone to swipe, because she had never done it because she's married and--

Dani: That would have been so exciting.

Emma: It was so exciting for her. She was so excited, and it's so funny because she went home and she texted me. She's like, "Has anyone messaged you back?" And I said, "Nope. They're all gone."

Zorric: Yeah. We talked about at our past episode, we talked about how the messaging just--it dies.

Emma: Yes.

Zorric: We have talked about how we think men should ask out women quickly.

Dani: Yeah.

Zorric: Like within a week or something like that.

Dani: But you know what I also think is women have made men super self-conscious and insecure because some women treat guys like Build-A-Bear.

Emma: Yes.

Dani: You know, and it's like, "Well? So, what do you do for a living?" a.k.a., How much money you make? "So, where would you go on a first date?" a.k.a., How much are you going to spend on our first date? It's this whole concept of, "How tall are you? How come it's not listed on your profile?" Because you're short? Who cares? Like what good does that do you? What? So, you need a step ladder? What's the big deal? Like, register for your wedding, you know?

Zorric: Oh, my gosh.

- Dani: It's this concept of treating people. It's also like a drive-through dating, like you said.
- Emma: Yeah. Like you expect we're a match, so that means we can kind of like rush through this relationship so that we can get married, because we're socially linked to social media, and it's become such a big part of us. What is it that you see? If you're over 30, and you're single, you're the odd person out. Because if you have friends that are over 30, they're getting married, or they're having kids, or they're doing these like amazing life experiences, and then there's you.
- Dani: Yeah. I just came back from hiking for two weeks, and then I'm hmm--I don't know, people are way too quick to jump the gun on judgments with these swiping apps. Like for me: I'm too tall; I have kids; or I live in Southern Oklahoma. And that's automatic, like three strikes against me, but you know what? My lobster's out there.
- Emma: Yes.
- Zorric: Yeah.
- Dani: Find me on Instagram. Swipe to my DM.
- Zorric: So, how was your experience? Has anything, any cool dates.
- Emma: Crappy, horrible dates
- Zorric: Like awkward dates.
- Dani: Yeah. So, yesterday--yesterday, my date was 43 minutes long.
- Emma: Uh-oh.
- Zorric: Oh, you're being serious. Oh, 43 minutes?
- Dani: That's bad, right?
- Zorric: That was pretty bad, right. Yeah. On the guy side.
- Dani: That is awful! You know, for me, I'm big on eye contact. If you don't make eye contact with me on a date, I'm like, "What you got to hide, bro? You got some bodies in your trunk? What's going on?"
- Emma: What if they're autistic?

Zorric: Oh, gosh.

Emma: I thinking from a mental health perspective, Zorric. It's real.

Dani: Okay.

Zorric: I don't know what to say.

Emma: I do. Because I think you would lead with something, like--

Dani: It's true.

Zorric: Yeah.

Emma: By the way, this is or you know, or he would bring it up on a date like I-- this is a horrible comparison, but if someone doesn't drink, they lead with that. By the way, I don't drink.

Dani: That's true.

Emma: It's something that you just close.

Dani: Okay.

Zorric: But I think it's a big turnoff, like if you're on a date with somebody, and I'm like talking to you, and all of a sudden, my mind is like--

Emma: But isn't it a cultural thing, too? Or could it be a cultural thing?

Dani: He was so like someone in SMU.

Emma: Oh, no. That's not a cultural thing.

Zorric: His head was like all swivel.

Dani: Okay. So, we're sitting at the bar and I'd love to do be turn in at the bar. Like where my legs are in between their legs? Like that, to be engaged, right? Body language says so much, right?

Emma: For sure.

Dani: And to me, it's not even like, "Oh, I'm into you," it's "I respect you." So, I'm paying attention to you. And he was facing the bar and he would like answer a question, and be like this--

Emma: Oh! Like very robotic.

Dani: I wanted to ask him--

Emma: Did you have a neck injury?

Dani: Are you scared of me? Do you think I want to eat you? I got this feeling like maybe he's scared of me, and then he kept on rubbing his eyes, and he was drinking Red Bull, and he yawned. I was like, "Did you like party hard last night, or are hungover, or are you tired, or are you bored? Which is it?"

Zorric: Yeah.

Dani: And I'm brutally honest, not like assaulting brutally honest, but I'm like, "Are you tired?"

Emma: You will cut through the BS.

Dani: Yeah. Are you tired? He's like, "No, but I've got to--I got to wrap this up in 30 minutes," and I was like, "Why don't we just wrap it up now?" And we did, yeah.

Zorric: Geez.

Emma: Wow. Did he have another date?

Dani: He said he had to go pick someone up.

Dani: So, I don't know.

Zorric: There was no, I guess, like intellectual connection, or you know?

Dani: Like I said, I think he was scared of me, because he was like, "What do you do for work? When you do that?" He was asking me all these questions. I mean, I talked for like 30 minutes, and finally, I was like, "Well, tell be about yourself. I want to know about you. You know, I mean, I love talking about myself. But I want to know about you. What you like, what makes you happy," and so he was very frigid with his answers and stuff, and at the end of the day, he's like, "I'm so sorry." I went to the restroom and when I came back, he's like, "Oh, you came back?" And I'm like--

Emma: Was he expecting you to leave?

Dani: Uhm, we're on a date. Was I allowed to leave because I would've. But he said, "You came back? I told the bartender, I was sure you left." I'm like,

“No. I came back.” He's like, “Okay. I already checked out.” I'm like, “Okay. Let's go. Time to go.” Anyway, I thought it was weird.

Emma: Oh, he's so inconsiderate and horrible!

Dani: At the end of the day, he was like, “Hey! I'm so sorry that I have to go pick this up. It's like a family thing, whatever, but I'd love to see you again,” and I was like, “Well, just call me,” or not. That's like the Bumble way of saying, “No. Thank you.” you just go and unmatch.

Zorric: Yeah. So, that's pretty awkward, I mean, 43 minutes. Mine are like marathons.

Emma: Yeah.

Zorric: Like we're talking for four hours, like, “blah, blah, blah.” We're talking.

Emma: I love 4-hour dates. Ugh! They're the best.

Zorric: Yeah.

Dani: That's all him, is that bad?

Emma: No, it's not that it's bad. My thing is like great, it's a first date. I mean sometimes I think that the longer the date is, the higher the expectations become unlike where this could go. And so, it just kind of leads into more like unrealistic expectations of, “Oh. I really thought we hit it off.” So, it kind of makes the, “If it doesn't go well, it makes a heartbreak.” Like a little bit more.

Dani: You know what I think, Emma? I think you're like a super hopeless romantic, too, but you like to throw that like thug represented thereafter. She's like, “I don't like to get my heart broken, I will murder you before I ever say I love you,” but she's like a super romantic, you guys.

Zorric: Actually, she is.

Emma: I am.

Dani: She's all about that thug life.

Emma: I never denied that, though. Have I?

Dani: She's the mayor or Tough Life City, everyone.

Emma: Have I ever denied that I'm not like--I love love.

Zorric: Yeah. That's why we're doing this.

Emma: Yes!

Zorric: We love the science and loves everything.

Emma: I love love and I'm excited to meet the person whoever they are. My whole thing is like I'm probably still working through my stuff that I need to work through, and you know.

Dani: Aww. I'm perfect so I'm good. Are you out there, Prince Charming? I'll settle for the pauper at this point.

Emma: Yeah. Harry's taken and I'm sulking about that.

Dani: I know, right?

Emma: I can't get into that.

Dani: I was like, "What? That was a blind date?" Oh, let me tell you about my blind date.

Emma: Yeah, mine--yeah. I have one. I can beat it, but I can't share them on the air.

Dani: Beat it?

Emma: I have one like it's a horrible blind date, but I can't talk about it on the air.

Dani: Oh.

Emma: Sorry, listeners.

Danni: Did you hit him?

Emma: Nope.

Dani: Did you run him over with your car?

Emma: There is no physical violence involved. Those were my favorite stories.

Zorric: Does it involve Clorox?

Emma: It doesn't involve turning red. Yes, but not for the reason that you think.

- Zorric: Okay. So, Dani, anything else? I mean, what--how about just recommendations you give somebody for the first time? Because our listeners are the ones that are just getting on apps.
- Emma: Yes.
- Zorric: They're just trying things out. They're trying to get the profile ready, or their pictures ready, or their bio ready.
- Dani: Don't send out your representative. I think like there's this concept of, "This is me doing yoga, and this is me holding a fish, and this is me in Athens." Don't send out your representative, because you're not going to go on a date in Athens.
- Emma: Right.
- Dani: Show your hobbies and your interests and stuff like that but do it in a way that shows who you are like what are you looking for? Do you want someone to see your soul? Do you want someone to have a Friday night with? Do you want someone to create a life with? Like, what do you want? You know? A lot of times, these profiles are either lackluster, have zero effort. Like, have you seen those Bumble profiles with no bio?
- Emma: Yeah.
- Zorric: Yeah.
- Dani: It's just pictures. And I will swipe on some, and when they ever engage, I was like, "Well, you know what? You were so eloquent in your bio." My swipe has nothing to do with being 100% shallow. You know, as I'm being obviously sarcastic about the whole thing, say what's what makes your heart sparkle. I just, I'm not silly who believe in the fairy tale romance, and I refuse to relinquish that. Like I need that. And so, don't send out your representative. Who are you? What makes you happy? What makes you sad? Put something on there. Put a quote that like, right into your soul.
- Emma: So, have your profile be your, basically, like your life resume.
- Dani: Your heart resume.
- Zorric: That's so cute.
- Dani: And this is why I'm single. Everyone's like, "Was she high?" On life, everyone, okay?
- Zorric: Alright, Emma. What do you have?

Emma: I have lots of things. Basically, like don't be a douche. Be open-minded and always do as I say, not as I do.

Zorric: Gotcha. Gotcha. Dani, where can everyone find you?

Dani: So, it's just "Coffee Break with Dani," on YouTube and Instagram. Those are my main platforms. You can find me on other things, but those aren't very interesting.

Zorric: On Bumble, I guess?

Dani: Oh, find me on Bumble. I have a very wide radius. So, I mean, if you're in Oklahoma, I love you, too.

Emma: Well, everyone. That's all we have for today. We hope you enjoyed our show. If you have any questions, comments, or show topics that you'd like for us to discuss, please leave us an email at hello@datepodcast.com or find us on "@datepodcast" on Instagram and Twitter.

Zorric: Alright, everyone. Bye.

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