

The Date Podcast

Episode #1 – Meet Emma and Zorric!

[First Date](#), [Love Languages](#), [Tinder](#), [Tinder Feed](#)

Meet Emma and Zorric! They consider if the Tinder Feed is plain creepy or if there is an advantage of knowing what your matches are doing. Emma questions the amount of “pilots” using dating apps and is not likely to believe if it says “pilot” under occupation. Zorric and Emma discuss the 5 Love Languages and the benefits of talking about them on the first date.

Transcript:

Zorric: Hey everyone, my name is Zorric Sia and I'm here with a friend of mine, her name is Emma Pineda and we're here to talk about dating apps, dating and everything that has to do with dating. So, I'm in tech, have been doing it for a while. I've been developing for a while and I've actually been dating and it's really been interesting. I'm trying the different apps and just talking to different people about their experiences. So Emma, so what do you do?

Emma: Okay, so, I'm a licensed marriage and family therapist, but I mostly work with families. So, I don't focus on the marriage anymore.

Zorric: You shouldn't say I don't focus on the marriage, right?

Emma: I don't focus on couples work at the moment.

Zorric: Oh, okay. That's okay, that's okay. But I'm sure that there's a lot of things, a lot of lessons learned you can get from these couples and what not to do.

Emma: Oh, yeah. For sure.

Zorric: Because I think a lot of things can translate from the marriage to dating and vice versa. So, yeah, I think you probably get a lot of information.

Emma: I do and I am a person that whenever I'm doing my job, I'm very systemic and so I'm viewing for patterns of interaction and I'm viewing--like I'm trying to look for those.

Zorric: What does that even mean?

Emma: Patterns of interaction. So, a pair of interaction can be anything considered verbal or non-verbal. So, it can be, maybe you and I are

hanging out and we're cooking something and it can, our non-verbal communication can be your sautéing something. I'm noticing your sautéing something and I'm kind of already, I'm handing you something that's going to help you with that. So that's how we communicate with each other in that moment without saying anything. So, that would be more like the non-verbals, but it also--it just depends on the person. And then, you have more of like the verbal communication, which is maybe I say, "Hey, Zorric, can you take out the trash?" And I mean to say like, "I need you to take out the trash right now because it stinks," and I don't convey that message. So I just say, "Hey, can you take out the trash?" And you're here, I need you to take out the trash and maybe you're viewing a TV show and so you're thinking, "Yeah, I'm going to take out the trash when I'm done with watching my TV show." And so, I'm implying something but I'm not actually communicating it and you're interpreting it in certain way and then there's kind of like that lack the message. So, something is missing. That's what I'm looking for. I'm looking for the things that are working well, like non-verbal and verbal and the things that are not working well to get them to where either the family, the kid and the parents want them to work the way that they envision.

Zorric: Yeah. Interesting. Because it's all about the delivering the message, right?

Emma: Oh, yeah. For sure.

Zorric: Because it also has to do with tone and choosing your words correctly. But, that's interesting. So, here we are. I think we've both been on dating apps, right?

Emma: Yes. Yeah.

Zorric: And unfortunately, but fortunately. And so, today we want to talk about Tinder. There's this new feature in Tinder called the feed and I think it just came out about a week ago and what happens is that when you go into your messages area, you see a feed tab and the feed tab basically shows what your matches are doing. For example, it shows when you're match changes her pictures. So, it's very interesting. I think it also shows whenever you update, whenever someone updates their profile or anything like that. So, what I think they're trying to do is trying to get more people on the app for a longer period of time. Because, if you think about it, it reminds you of Instagram or Facebook or anything. What do you think about that?

Emma: For me, personally, like I think it's creepy for someone to kind of know like what I'm updating when I'm updating it. I already don't like that feature on Facebook.

Zorric: A lot of people don't like Facebook.

Emma: Right. And any more but we keep it for whatever reason. Yeah, I just think that's another way of just like--it's not something that's going to drive me to pick Tinder. This new feature, I'm going to be more turned off by it because I just don't want someone matching with me and then always knowing what I'm doing or what I'm up to because I think that--I don't know, it's just kind of like stalkerish to me.

Zorric: Yeah. Because, think about it. If I'm dating somebody and I've gone on a couple dates and I go on Tinder and I see them updating their profile, they thought that we're exclusive, right? Because, you know the whole, "What are we thing?" Right?

Emma: Exactly.

Zorric: So, you're always wondering if is she dating somebody else or is she just dating me? And then on the flip side, if a man is dating a ton of people, I mean they can definitely get caught. You know, it's not--I mean, it's a good feature to keep people on the app and from a business perspective, I know what they're trying to do, but I don't know. I guess we'll see.

Emma: I also think I'm just more an old lady at heart. I'm--

Zorric: Yeah?

Emma: It took me forever to admit that I needed to start using apps and then I'm the person that will use them for maybe like a month or two and then get frustrated and, "I'm done. I'm not getting on apps anymore." And then, a few months ago and then, I'm like, "Okay, I need to get on that because of the way that our culture is set up. It's really difficult to do the more in person. Kind of like meet queues because we just naturally just are connected to our phones now.

Zorric: Yeah, yeah. I think, you're describing me too. It's very cyclical. So, I go on the apps and I'll date and I'll stop and get busy with work or side projects and then I'll get back on. So, you know-- But I agree.

COMMERCIAL: Hey, guys. I just want to talk about an app called Bopsee. It's spelled B-O-P-S-E-E-.com and it's available in the iOS and Android store. And Bopsee allows you to meet up with six people in one session. It's video speed dating. It's fantastic. All you have to do is you sign up through Facebook and then, you edit your settings, your own information. And then, your preferences, which are what you're looking for to meet and you sign up for a session. So, if you're free tonight at 8 pm, you sign up for that. And, before the session, you jump in the waiting room, they'll be a

link that says, "Join here," inside the app. And when 8:00 rolls around, you meet your six people. Each session or each date is about eight minutes and if you like them you go on "see," if you don't you click on "bop." And there it is, it's Bopsee. It's different, it's video, it's different in everything else. So, try it out, Bopsee, B-O-P-S-E-E-.com

Zorric: I stumbled on this site called DMR and it's called, "48 Impressive Tinder Stats," and it says here, it was last checked in January 2018. It's pretty interesting. One of the two facts I read, the first one is the most common occupation for bright swiped male Tinder users was a pilot. First of all, you do you think a can pilot is sexy?

Emma: No, no. However, I feel that that's like a default that guys use because—

Zorric: No! You have to go down to the Ps and select pilot.

Emma: I know but whenever I'm on Tinder or Bumble or whatever app I'm using in the grays that I'm using, pilot is a profession that I see a lot. I've thought about this before, I've spoken to my friends about it and our theory, hypothesis, whatever you want to call it, is that we feel that guys just pick it because it makes them look like they travel the world or more, I don't know, it just makes them more attractive somehow. Because I'm like, "Really?" If I'm swiping like 20 guys and 15 of them are claiming that they're pilots, "Are these 15 actual pilots or are they just choosing this?"

Zorric: Well, they could be like a pilot of a bus. I mean, you're assuming that there's only one type of pilot right?

Emma: Right. And when I think pilot, I'm going to assume airplanes because that's the connection. I don't know. I see it a lot though. So, part of me is very hesitant to believe that men are pilots on these apps.

Zorric: Yeah. And, I also wonder like how many pilots are on these apps if you're saying that.

Emma: Yeah.

Zorric: So, first of all, they're the most swiped right occupation.

Emma: And, I think it's because that's the most common profession that you see for women or for men whenever women are swiping is that--and I'm speaking in hetero because I'm hetero. I only know--I'm only an expert in this relationship. I can't speak for gay or lesbian.

Zorric: Yeah. I probably should change my occupation to pilot.

Emma: You might get more hits. I don't know. But, I see it being very common when I'm swiping for guys.

Zorric: Are you talking about Tinder or Bumble?

Emma: Like any of the apps.

Zorric: Really?

Emma: I see pilot a lot. This is why I've had that conversation with friends where it's like, "Are they actually pilots? Are they just saying this? What's going on?"

Zorric: Yeah. Do you know any pilots? I don't know any pilots.

Emma: I used to know pilots. The funny thing is that we have like a few pilot schools in the area. So, part of me like at the beginning thought maybe this is possible.

Zorric: Yeah.

Emma: I mean, it could be a possibility, they could be real, they could actually be pilots. But, such a large percentage?

Zorric: So, I think lesson learned here is if you want to get a lot of rights swipes, kids who are looking for a career, you can probably choose pilot and it will be just fine.

Emma: Become a pilot.

Zorric: I also think that women want leaders and a pilot is sort of a leader, he's important. He leads a crew, the whole hunter gatherer thing, you know? Right?

Emma: Yeah. If I am looking at a profession--If I were to create a list just now, pilot would not be on that list for me.

Zorric: What would your number one thing be?

Emma: Gosh, very typical of me, but a doctor, lawyer.

Zorric: I knew it. Alright, easy, easy.

Emma: Also engineer and I might even have a psychologist. Anything that's sort of-- I would actually even do, you can correct me, but like not an accountant but people that do stocks.

Zorric: Yeah. Just like a trader or a financial analyst. Yeah.

Emma: And I want someone that comes, that can be perceived as like a type A personality. But, probably always type A at their job and very type B in their real life.

Zorric: Oh, oh. You're like a part time type A. He's like a chameleon. You're a type A, though.

Emma: I'm a type A.

Zorric: Oh, okay.

Emma: I want a type A personality because I think it might work well, I don't know, right? I can only speak for myself, but that's what I like. I think of these professions that you would want someone who's type A to be in them.

Zorric: Obviously, you want to type A, you want a leader in the household or actually you don't.

Emma: No, because I'm the type A.

Zorric: But, you said psychologists. So, someone in your field, how would you feel about that?

Emma: So, this is a person that is in my field. However, the psychologists that I work with are not actually doing therapeutic work. They are there for mood management, they are there for medication management, but they're not actually doing like the therapeutic piece that I am, if that makes sense.

Zorric: Because I would think-- if I also married an engineer.

Emma: I'm sorry, did I say psychologist? I'm sorry. I'm meant to say psychiatrist.

Zorric: Oh, psychiatrist.

Emma: I'm sorry.

Zorric: Just kidding.

Emma: Psychologists do therapeutic and counseling work too and they do that as well. But, it's the psychiatrist is the only one that prescribes medication. I'm thinking more of the psychiatrists not a psychologist. I misspoke.

Zorric: So, if I want some meds, whom should I call?

Emma: A psychiatrist.

Zorric: So, we learned something today. The differences between the two.

Emma: Yes.

Zorric: Be either one of those or be pilot.

Emma: Yep, or a pilot.

Zorric: Career is a big thing. Especially for people--it depends on your age, too. Maybe, if you're in your 20s, you're not really looking at the person's career but if you're in your 30s and 40s you definitely want someone who's going to be a provider, maybe stable.

Emma: Well, being a type A person that I was in my 20 and knowing--because I always knew what I wanted to do, I was always hoping to meet someone that also knew what they were going to do because of the expectation was that I'm going to have my stuff together and I'm going to go to Grad school no matter what. I hope that someone also had similar goals. However, I think that like in our 20s, in our teens, that's not happening with males.

Zorric: Yeah. What we want is never what we usually do, especially when it comes to relationships. So, on the flip side, it says here, in the DMR, "48 Impressive Tinder Stats," it says most common occupation for rights swiped female Tinder users, physical therapist.

Emma: I feel like that just plays into the whole like fantasy.

Zorric: Oh, wait a second.

Emma: Yeah. Like the sexual fantasies of like, "Ooh, she's a physical therapist. She's going to be really flexible, she's going to put me in certain positions or whatever it is.

Zorric: I think men are just dumb and we don't know what a physical therapist is. A real physical therapist.

Emma: Right?

Zorric: Yeah. And so, I don't look at the career, honestly,

Emma: I don't either. If I'm swiping, I'm very looks oriented because--for me, that's what the app is for.

Zorric: Yeah. Tinder is definitely--the profile I think is limited to like 300 or 400 characters or words or something. So, you can't really put anything down comparable to OkCupid. Wherein in OkCupid, you can put as much as you want. But, being a physical therapist is not even number one on my list. I don't even know what would. I think—

Emma: Yeah, what's on your list?

Zorric: For me, an entrepreneur for sure because that's my brain and it'd be nice just to bounce off ideas with somebody else. So, that would be number one. Then, maybe doctor but then I think about, "Well, she's going to be working all the time. How's her schedule going to be?" So, there might not be enough time for me and her.

Emma: I think it's also depending on where you are in your career because I do know—I know doctors that have time for their family and they make sure that their hours are very limited, 8:00 to 5:00, they rotate on call or whatever it is because they want to make sure that they're creating memories with their families instead of just being work, work, work all the time.

Zorric: Yeah. I think we've talked about this in the past in our--just hanging out. But, love languages, right.

Emma: Yeah. I use that with my family.

Zorric: Oh, you do? I think that's a really good book. If you guys don't know about it, it's called "The Five Love Languages" by Chapman. Is that the last name? Gary Chapman?

Emma: Yes, Gary Chapman. Yeah.

Zorric: It's a really cool book and there's a test online you can take and there's one for singles and one for relationships. Right?

Emma: And then there's one for parents and then they have the flip side for--you can say, "I'm choosing this for my child and it's for your child to share, to take so that they know what you want or what they need for you as a parent.

Zorric: Yeah. And I think, for everyone who doesn't know about this book, it tells you how you like to be loved, right? There's five different languages and I think it's physical touch, it's quality time, it's acts of service, it's gifts and its words of affirmation.

Emma: Yes!

Zorric: Yeah. I feel like if you take a test like that, it helps you, it helps someone understand yourself and then you can also understand your partner on the flip side. Right?

Emma: Oh, yeah. I love that thing.

Zorric: So, how does it work with your clients or your patients?

Emma: A lot of times, in my family work I have, parents or kids that are already going because, "I don't feel validated by mom and dad when I do things," or moms like, "I don't feel validated by my child." whatever it is. A lot of times, acts of service was another common one for my moms.

Zorric: Not your mom.

Emma: No but the moms that I worked with, acts of service was really common and of course for the kids, the way that they showed love was words of affirmation. So, there's that disconnect and like mom and kid and you're going to show love the way that you want love shown to you. So, I have mom who is showing her love through acts of service but the kid wants words of affirmation and so the kids like, "I don't feel loved." And mom's like, "How do you not feel loved? I cook and clean for you, I pick up your laundry." And so, kind of bridging that gap for them. It was really neat and it definitely takes you out of your comfort zone if you are an acts service person and now you're being told that your child wants you to praise them. It's really--because you don't know how to praise or you don't know exactly how you want your child wants you to praise them. It's just about teaching them what they need. So, in those moments I just have the child or the parent teach the other person like, "Okay, this is actually what I want." So, mom would be like, "Hey, you have chores. However, like I would really find it helpful, if on occasion, you just chose to randomly like sweep or mop for me, whatever it is. Run the Roomba, I don't care."

Zorric: Yeah, acts of service, yeah. That can definitely translate into your dating life too.

Emma: Oh, yeah.

Zorric: I think if you kind of get that out of the way or at least know what your partner--what their love language is, I feel like it's much easier to have a more successful relationship. Definitely.

Emma: Yes. However, mine is I like physical touch. So, really, I just liked my hair being petted.

Zorric: So, everyone, it's not just sex.

Emma: It is not.

Zorric: It's just grazing somebody's arm or some random—

Emma: Right. Physical touch can be very different look and mean very different things to people. My mom cracks up because when she found out that this was my love language, "But you get mad when I would scratch your back or try to give you a massage." I'm like, "Mom, because you would not stop after a while." And then, "Okay, I'm done. You've loved me enough, please stop." It's funny to see because after a certain point you're kind of like, "Okay, you love me enough. My love tank is full. Thank you."

Zorric: So, on the first date, do you expect the hand holding?

Emma: No, I don't because, again, people don't know and I think that I'm always kind of paranoid because I don't know what the other person, how they see physical touch. I don't know how they understand what physical touch is. For me, because that's like one of my biggest love languages, our strongest love language. I always feel like I have to educate. Not in a weird way but I just have to let the other person know, "Oh, I really do like it whenever you just like put your hand on my shoulder." or "I really do like it when you try and hold my hand." Just kind of going through that motion with them and teaching them in that way. I'm not like sitting them down, "Okay, so, for me to feel loved, I need you to do this, this and this."

Zorric: So, I ask.

Emma: You do?

Zorric: The second--first, second or third, or sometimes even before that but I'm just curious. It's always a good source of conversation because if they know about it. "Oh, you know about that?" And that's kind of points, you know. But if they don't, then you can kind of tell them, "Hey, take this test." And, usually, they're open to it.

Emma: So, do you let the girls take the test like while they're out on the date?

Zorric: No!

Emma: Okay.

Zorric: I mean, that sounds like a good idea just to kind of weed people out. But I mean, I just ask and then usually they're cool with it but sometimes they just kind of brush it off and we never talk about it again. I think that's kind of an indicator for me because I like people who kind of work on

themselves and I think if you take tests like that, I think that's sort of a sign that you want to better yourself in some way.

Emma: I like that point of view. I never thought about it that way. I see it more of a, "Let's kind of embark on this part of our relationship." or journey together and using this as a tool to be able to get to that level.

Zorric: Yeah. Gotcha. Well, I think our time's up and we've actually learned a few things. We learned about Facebook, not Facebook, the feed feature that's similar to Facebook. And, guys, if you want to pick up a lot of matches then be a pilot. Emma is there anything you want to plug?

Emma: No, I'm good.

Zorric: Nothing? Okay. Well, if you want to follow me, I have some motivational quotes and some business quotes on my Instagram. It's a @zorricsia or my Twitter is @zorricsia, as well. So, alright, well thanks a lot for listening. We'll see you guys next time.

Mentioned Sources:

The 5 Love Languages – <http://www.5lovelanguages.com/>

Tinder – <http://www.tinder.com/>

OKCupid – <http://www.okcupid.com/>

DMR Tinder Report (March 2018) – <https://expandedramblings.com/index.php/downloads/dmr-tinder-statistic-report/>

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